



RUNNER PACKAGE 1 (S\$788 NETT)

- Complete Medical Examination
- Personal/ Family Medical History
- Height/ Weight/ Body Mass Index
- Blood Pressure and Heart Rate Assessment
- **12 Lead Electrocardiogram**
- **Echocardiogram**
- **Treadmill Exercise Test**
- Medical Report
- Medical Review by Senior Consultant Cardiologist
- **Blood test:**
 1. **Hematology:** Full Blood Count, PBF, ESR
 2. **Lipid/ Cardiac Risk Profile:** - Total Cholesterol
 - Cholesterol HDL, Cholesterol LDL
 - Cholesterol Total/ HDL Ratio
 - Creatinine Kinase (CK)
 - Triglycerides
 - Wt C-Reactive Protein (wr-CRP)
 3. **Diabetic Panel:** Glucose (Fasting) & HBA1C
 1. **Kidney Function Test:** Urea, Creatinine, Sodium, Potassium, Chloride, Bicarbonate, eGFR
 4. **Bone/ Joint Profile:** - Uric Acid, Calcium, Phosphate
 5. **Liver function Test:** - Total Bilirubin, Indirect Bilirubin, Direct Bilirubin
 - Albumin, Globulin, A/G Ratio, Protein
 - ALT/SGPT
 - AST/SGOT
 - Alkaline Phosphatase
 - GGT
 6. **Hepatitis Profile:** Hep Bs Antigen, Hep Bs Antibody
 7. **Thyroid Profile:** Free T4 (FT4), Thyroid Stimulating Hormone (TSH)
 8. **Venereal Disease Screening:** - VD Screen (Syphilis TP AB Screen)
 - VDRL (RPR) & TPHA (if Syphilis TP Ab positive)
 9. **Urine analysis (Urine FEME)**

